

## 第 3 屆全球四健高峰會活動簡章

### 一、活動資訊

受到新冠肺炎疫情在全球造成的影響，原預定於 2020 年 8 月 4 日(二)至 9 日(日)假坦尚尼亞阿魯沙(Arusha, Tanzania)辦理的第 3 屆全球四健高峰會，推遲至本年度辦理。

世界瞬息萬變，當今全球面臨著巨大的政治、社會、健康、環境和經濟挑戰。如果能為年輕人提供技能和良好的溝通、生活技能和創業態度，他們將更有能力過上更好的生活。

四健會有根本的解決方法來解決這些問題，通過此次高峰會，希望找到解決全球問題的區域性解決方案，此外，坦桑尼亞四健會和所有非洲四健組織已經準備好向來自全球各地四健會的理事會成員、專家、推廣人員、義務指導員及會員展示他們的成就和工作成果！

### 二、活動時間

2023 年 8 月 7 日(一)至 12 日(六)，預計 8 月 6 日自桃園國際機場出發。

### 三、活動地點

非洲/坦尚尼亞/阿魯沙/尼果多託山頂旅館(The Ngurdoto Mountain Lodge)

### 四、報名時間

即日起至 4 月 14 日(五)止，於 3 月 10 日(五)前完成報名者可享受早鳥優惠價。

### 五、註冊費用(新臺幣)

註冊費包括會議期間的住宿、餐飲和茶點、機場接機和遊覽行程及本協會行政費。

房型	早鳥優惠價(3/10 前)	一般價格(3/11-4/14)
單人房	59,700	66,200
雙人房	46,200	51,200
三人房	43,200	47,800
四人房	40,100	44,500

### 六、額外自行負擔費用

- 8/12 自費行程-塔蘭吉雷國家公園參訪(含交通、午餐、茶點、導覽費):預計新臺幣 12,200 元
- 個人機票費(由本協會統一訂購)
- 簽證費(USD50)、護照申請費用
- 保險費
- 個人消費、行李超重費
- 行前旅遊醫學門診、疫苗接種(黃熱病、A 肝、狂犬病、麻疹、傷寒)、預防用藥(瘧疾)費用
- 未完成接種兩劑 WHO 核准之新冠肺炎疫苗者，需於入境前提供 72 小時 PCR 陰性證明

### 七、活動內容

聯合國永續發展目標(SDGs)、氣候變遷、環境污染、青年就業、食品安全、青年參與農企業、青年發展

- 分組會議
- 戶外活動
- 文化之夜
- 小組討論
- 工作坊
- 開放空間會議
- 展覽
- 乞力馬扎羅山腳下植樹





## GLOBAL 4H SUMMIT 2023, Arusha, Tanzania



### CALL FOR PARTICIPANTS

Tanzania 4H Organization announces postponement of the Global 4H Summit to 7<sup>th</sup>-12<sup>th</sup> August 2023. World has been struck by COVID 19 disease and due to travel bans and lockdowns and low level of vaccination in most parts of the world, we thought it is safer to postpone summit to year 2023. Organisers do hope by 2023 world has recovered from pandemic or at least learnt the ways to handle situation. We regret all the inconvenience this may cause to all of you who have registered to summit 2020.

Tanzania 4H Organization is cordially welcoming all 4H Organizations to send participants to third Global 4H Summit in Arusha, Tanzania. African region and Tanzania is proud to host the summit and warmly welcomes members, volunteers, professionals and board members to Tanzania.

World is changing incredibly fast, we feel that 4H is Inspiring youth for change. There are huge political, social, health, environmental and economical challenges that youth face today. If provided with skills and very good communication, life skills and entrepreneurial attitude, young people will be better equipped to

make the best better in their lives. 4H has got grassroots level solutions to big problems. And with the summit we want to find local / regional solutions to global problems.

In addition, Tanzania 4H and all African organizations proudly present their achievements and work.

## Venue:

### The Ngurdoto Mountain Lodge



**Dates: 7<sup>th</sup>-12<sup>th</sup> August 2023**

First Global summit was hosted by Korea 4H in 2014. Global 4H Network was founded then and thereafter Canada 4-H hosted a wonderful second Global Summit in Ottawa, Canada. 4H Learns website was launched at the Ottawa summit. Now 4H'ers from 80 countries all over the world are welcome to Arusha, Tanzania to third Global 4H Summit. In Tanzania there is time allocated for regional meetings, on two days. (to be confirmed later). Aim is to discuss of the future of Global 4H Network and how to strengthen its organization and work.

#### Profile of participants

4H organizations are welcome to send their delegations up to 15 persons each. If having bigger delegation the organization should contact organizers. We expect all participants to be minimum 18 years old upon arrival to Tanzania. Delegates can be 4H members, professionals, volunteers or staff. Summit language is English! There is no interpretation available.

#### Arrival and visa arrangements

We advise international delegates to arrive by air to Kilimanjaro international airport. It is 60 km from Arusha. Organizers provide a transport to hotels and back to airport upon departure.

We advise all to obtain visas at the Embassy in their home country to avoid long queues at the immigration upon arrival. Online visa application available: look for more information at <https://eservices.immigration.go.tz/visa/>

Flights should be booked so that your delegation will be in Arusha either morning or afternoon of 7<sup>th</sup> August. If you arrive by land, you should arrive to bus depot in Arusha. If given arrival times for organizers, there will be pick up from bus depot as well. Summit shuttles are marked by summit logo. In addition there are volunteers who assist with any kind of questions at the airport.

Participants must obey the health regulations and carry certificate of given vaccinations with them.

### **Travel hints**

There are several air companies flying via Kilimanjaro International airport. August is high season, so please do your booking early. You can save in flight costs significantly if doing booking in the beginning of the year 2023. Look also new options provided by Air Tanzania. It is going to open new route from Asia directly to Dar Es Salaam.

## **Getting to Arusha – Tanzania**

As a premier tourism and event destination, national and international access to Arusha City is easy. Kilimanjaro International Airport (KIA) is located in the east of Kilimanjaro Region is a 45 minutes drive to Arusha City. There are Local and International flights almost every day which include, Precision air, Kenya Airways, Ethiopian Airline, KLM, Air France, Uganda Airline, Rwanda air, South African Airline & Qatar airways.

### **Health issues**

We advise you to contact your medical clinic and check that you have got all necessary vaccinations. In addition malaria medication is obligatory.

### **Departure**

Departures can be planned for 12<sup>th</sup> August morning or afternoon, if you depart directly after the summit. In case of using the opportunity to go for safari at Tarangire game park, please you are advised to book your flights on late night flights on 12<sup>th</sup> August, or morning 13<sup>th</sup> August.

### **Insurance**

It is utmost important that each delegate has got a valid travel insurance, which covers also the transport to home country if in need of special assistance.

### **Registration**

Early registration by March 15<sup>th</sup> will get a discount 10 %. Discount is granted in case the registration fees are paid to Tanzania 4H Organization Summit account by the end of March 2023.

Summit is expecting 500 or more delegates from all over the world from five continents.

### **Safari on 12<sup>th</sup> August**

Early morning departure by coach to Tarangire game park. Safari is all inclusive, transport by safari company, refreshment on board, lunch, tour guide and park fees. Safari fee will be 400,- USD (to be confirmed)

### **Programme**

UN- Global Sustainability goals climate change, environmental pollution, youth employment, food security, youth in agribusiness, youth development

- ✓ Break-up sessions
- ✓ Outside activities
- ✓ Cultural night
- ✓ Panel discussion
- ✓ Workshops
- ✓ Open space
- ✓ Exhibition (own displays)
- ✓ Tree planting at foothills of Mount Kilimanjaro

### **Exhibition**

All organizations are invited to set up an exhibition of their own organization. Theme is 4H Inspire for change. There will be a table provided for each exhibitor. (to be confirmed at later stage, size of table, availability of electricity).

Exhibition is free of charge to summit delegations.

### **Evening entertainment**

Each organization is invited to offer a cultural performance during the Cultural evening. Performance can be dance, music, song. Maximum length should not exceed five minutes.

### **Brief introduction of Tanzania 4H Organization:**

Tanzania 4-H Organization works to encourage youth to participate in entrepreneurship activities by educating them on topics ranging from agriculture to technology to healthy living with learning by doing and earning by doing approaches.

We strive for our club members to learn practical skills, become active citizens and use critical thinking, conserve and learn about the environment, live healthy lives and grow up to become the leaders of tomorrow.

Through our projects and more than 1600 active club advisors, 4H Tanzania provides pre-professional practical education and training in agriculture, forestry, environment protection, conservation, community and family health, home-economics, leadership and management skills.

We currently have 57,037 (30,895 girls) members that take part in club activities in Arusha, Kilimanjaro, Manyara, Morogoro Iringa, Mbeya, Njombe, Tanga and Ruvuma regions. We operate our activities through 870 youth clubs known as 4-H clubs in 28 districts.

More information:

Tanzania: <https://en.wikipedia.org/wiki/Tanzania>

Arusha: <https://en.wikipedia.org/wiki/Arusha>

# Tourist Attractions in the vicinity

**Kilimanjaro** is one of the world's most accessible high summits, a beacon for visitors from around the world. Most climbers reach the crater rim with little more than a walking stick, proper clothing and determination. And those who reach Uhuru Point, the actual summit, or Gillman's Point on the lip of the crater, will have earned their climbing certificates.

And their memories.

About Kilimanjaro National Park

Size: 1668 sq km 641 sq miles).

Location: Northern Tanzania, near the town of Moshi.

Getting there

128 km (80 miles) from Arusha.

About one hour's drive from Kilimanjaro International airport.

About Arusha National Park

Size: 552 sq km 212 sq miles).

Location: Northern Tanzania, northeast of Arusha town..

**The Serengeti** is famed for its annual migration, when some six million hooves pound the open plains, as more than 200,000 zebra and 300,000 Thomson's gazelle join the wildebeest's trek for fresh grazing. Yet even when the migration is quiet, the Serengeti offers arguably the most scintillating game-viewing in Africa

About Serengeti

Size: 14,763 sq km (5,700 sq miles).

Location: 335km (208 miles) from Arusha, stretching north to Kenya and bordering Lake Victoria to the west.

Getting there

Scheduled and charter flights from Arusha, Lake Manyara and Mwanza.

Drive from Arusha, Lake Manyara, Tarangire or Ngorongoro Crater.

**Arusha National Park** is a multi-faceted jewel, often overlooked by safarigoers, despite offering the opportunity to explore a beguiling diversity of habitats within a few hours.

About Arusha National Park

Size: 552 sq km 212 sq miles).

Location: Northern Tanzania, northeast of Arusha town.

Getting there

An easy 40-minute drive from Arusha. Approximately 60 km (35 miles) from Kilimanjaro International Airport. The lakes, forest and Ngurdoto Crater can all be visited in the course of a half-day outing at the beginning or end of an extended northern safari.

**Lake Manyara** is a scenic gem, with a setting extolled by Ernest Hemingway as “the loveliest I had seen in Africa”. Stretching for 50km along the base of the rusty-gold 600-metre high Rift Valley escarpment, the compact game-viewing circuit through Manyara offers a virtual microcosm of the Tanzanian safari experience.

About Lake Manyara National Park

Size: 330 sq km (127 sq miles), of which up to 200 sq km (77 sq miles) is lake when water levels are high.

Location: In northern Tanzania. The entrance gate lies 1.5 hours (126km/80 miles) west of Arusha along a newly surfaced road, close to the ethnically diverse market town of Mto wa Mbu.

Getting there

By road, charter or scheduled flight from Arusha, en route to Serengeti and Ngorongoro Crater.

**Ngorongoro** conservation area covers over 5149 sq miles and one of the most spectacular sights you are ever likely to see while on safari lies in the Ngorongoro Crater. The crater is a microcosm of the East African savannah and a natural wonder unique in the world. Upon descent to the crater floor you are treated to a magical experience where herds of zebra rub shoulders with wildebeest, gazelle and buffalo. The crater provides a great chance of seeing some of Africa’s biggest bull elephants and many predators among a myriad of other animals.

Olduvai Gorge is famous for its fossil finds – about 150 species of prehistoric mammals including the Dr. Leakey’s discovery of 400 fragments of a skull. A small museum displays a number of copies of the finds. Olduvai gains its name from the Masai word for the wild sisal that is prolific here.

## TENTATIVE PROGRAMME

Global Board of Directors meet on 6<sup>th</sup> August in Arusha.

### **FIRST DAY Monday 7<sup>th</sup> August 2023**

#### **ARRIVAL**

– arrival and getting to know each other

Logistics, accommodation, materials, exhibition will be set

**Supper** At 17:00-18:00

**Ice-breakers starting at 19:30 (Ngurdoto)**

### **SECOND DAY Tuesday 8<sup>th</sup> August 2023**

#### **THEME OF THE DAY:” 4H- INSPIRE FOR CHANGE”**

Welcome notes and official opening of the Summit

Ministry of Agriculture, Ministry of Education, Mayor of the City Arusha, Regional Commissioner

Keynote speakers in the morning

#### **THEME:” 4H PROUDLY PRESENTS”**

Nanene- Agricultural exhibition at showground of Arusha at the

nanene grounds including visiting the Arusha Cultural Heritage in turns

### **THIRD DAY Wednesday 9<sup>th</sup> August 2023**

**THEME OF THE DAY: “ GLOBAL 4-H NETWORK – BRIGHT FUTURE THROUGH COMMITMENT”**

**Workshops during whole day**

Exhibition booths of each organization – bazaar day (local crafts for sale)

Cultural programmes from African continent

### **FOURTH DAY Thursday 10<sup>th</sup> August 2023**

**THEME OF THE DAY: “ENVIRONMENT IN THE HEART OF 4H MEMBER”**

Whole day excursion to foothills of Kilimanjaro, tree planting day

**Evening program:** Cultural night

#### **FIFTH DAY Friday 11<sup>th</sup> August 2023**

Regional meetings to start discussion in regional development of each region

Regional meetings (what is our aim? what do we want to achieve this time)

Each region will brief overall regional work in plenary, 10 minute per region.

Youth Committee meets, 10 minutes presentation at the plenary

General Assembly

In the afternoon, announcement of 2026 Summit organiser

Farewell dinner and Disco

#### **SIXTH DAY Saturday 12<sup>th</sup> August 2023**

**End of summit and departures**

- those registered on safari shall take it, others get transport to Arusha International airport.
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**Farewell, Safari Njema**

Schedule

6.00 onwards	Morning swim and exercise at own time
7-8.30	Brekfast
9.00	Beginning of programme each day
13.00	Lunch
15.00-15.30	Coffee & Tea ,Refreshments
18.30-19.30	Supper
20.00	Evening programme